## MIAC Men's Outdoor T&F Championship field led by three-time champ UST

Posted: May 06, 2015

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# 2015 MIAC MEN'S INDOOR TRACK AND FIELD CHAMPIONSHIPS PREVIEW

ST. PAUL, Minn. -- All eyes will turn toward St. Paul Friday and Saturday, as Macalester College will host the 2015 Minnesota Intercollegiate Athletic Conference (MIAC) Men's Outdoor Track and Field Championships. St. Thomas returns as the three-time defending champion and a field full of talented student-athletes have anticipation sky-high for an outstanding two days.

The Tommies completed their three-peat a season ago and lead the MIAC with a total of 32 conference outdoor championships. This year's host Macalester, ranks second



in all-time titles with 22. Hamline has 14 titles and Saint John's - the last team not named St. Thomas to win the championship (2011) has 12 all-time championships. Since 1983, either UST or SJU has won the MIAC outdoor title each year.

### | OUTDOOR T&F HOME PAGE | PROMO VIDEO |

St. Thomas' most recent title came courtesy of 172.5 points to win the 2014 title, with St. Olaf finishing a close second on hits home track a year ago with 159 points. The two also had a great duel at the 2015 MIAC Indoor Championships in March, with St. Thomas pulling away late for a 162-142 win over the Oles.

At the 2014 outdoor meet, Hamline scored 110 points to edge Saint John's (108) in an entertaining battle for third place. Gustavus was fifth with 66.5 points, just ahead of Bethel, which took sixth with 62 points. Carleton (57) held a five-point edge on Concordia (52) for seventh, and Augsburg (41.5), Macalester (28.5) and Saint Mary's (1) rounded out the rest of the standings.

The 2015 championships will have a familiar feel with 10 returning individual event champions back to try to defend their titles. St. Thomas has Brian Jarvey chasing this third-straight title in the 400-meter dash and Matt Schauer back in the shot put after winning those events last season, and St. Olaf will have a trio of returning winners back in the field. Grant will try for his third-straight title in the 5,000-meter run and teammates Phillip Meyer (10,000-meter run) and Jake Brown (3,000-meter steeplechase) will each try for two in a row in their respective events.

Saint John's Thomas Feichtinger will try for a third-straight championship in the 800-meter run. Hamline's Tom Larson is the returning champion in the 100-meter dash, and Concordia's Ben Vickstrom returns to try for two in a row in the 200-meter dash. There are also a pair of MIAC champion jumpers back in the mix, with Logan Hovie gunning for a third-straight high jump title and Augsburg's Barinedum Kordah trying to capture the long jump title for the second season in a row.

Beyond those returning champs, each team has athletes back with high hopes for success this weekend. Augsburg sprinter Undre Smith-Brewer and rookie pole vaulter Deontae Heuer both have high hopes for the Auggies. Bethel will be led by thrower Bryce DeBoer and sprinter Elisha Hinton. Carleton has a strong group of experienced runners led by Colby Seyferth and Hart Hornor.

Concordia's strength lies with its versatile athletes, including Jackson Schepp and Gabe Wright. Gustavus is counting on Sean O'Connell and Scott Williams for big performances. In addition to star sprinter Larson Hamline has strength in the field events with pole vaulter Mark Volker and thrower Chase Duwenhoegger. Host school Macalester is excited with Hovie back in the high jump and seniors Joe Giamberdino (distance) and Konnor Fleming (javelin).

In addition to Feichtinger, Saint John's is excited about a pair of sophomore jumpers, Joe Koll and Raymond Twumasi. Saint Mary's is strong in the distance events, led by Aaron Haley and Jovan Newsum. In addition to St. Olaf's returning champs (Wintheiser, Meyer and Brown), the Oles have Paul Escher back in the middle-distance races and Aaron Dunphy in the hurdles. The Tommies will try for their fourth-straight title behind the talents of Jarvey and Schauer, with Michael Witschen (jumps) and Dan Sauro (sprints) adding to St. Thomas' hopes.

The 2015 MIAC Outdoor Track and Field Championships begin Friday with field events set to start at 2:30 p.m. and track to follow at 3 p.m. The meet will conclude Saturday, with field events beginning 2 p.m. and track to follow at 3 p.m. Saturday's final event begins at 6:40 p.m., and there will be a short awards ceremony following the conclusion of the meet to honor both team champions.

The top three individuals in each event and the first-place relay team will automatically earn All-Conference honors, and the 4th-through-6th place finishers in each open event and 2nd-through-6th place relay teams will all be named All-Conference Honorable Mention.

The MIAC has a <u>home page</u> dedicated to the 2015 Outdoor Championships, complete with venue and admission information, the <u>event schedule</u>, entries, heat sheets and links to follow the results live (Men - Women). Results, recaps, and multimedia coverage of the championships will be available throughout the event.

There will be live results available for all events courtesy of Apple Raceberry Jam, and Macalester will also team up with the Minnesota Sports Broadcast Network to offer a live video webcast of the meet as well. Fans can connect to the conference throughout the meet on Facebook, Twitter, Instagram and YouTube using the hashtag #MIACOTF.

Admission for the event is \$7 for adults and \$3 for students per day, with children ages 5 and under admitted free. MIAC passes will be honored. The MIAC would like to thank Macalester College and their coaches and staff for their efforts to host the event.

#### 2015 MIAC OUTDOOR TRACK AND FIELD CHAMPIONSHIPS PROMOTIONAL VIDEO

#### MIAC MEN'S OUTDOOR TRACK AND FIELD LINKS

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### **TEAM-BY-TEAM PREVIEWS**

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AUGSBURG | Auggies' men's track and field home page |

#### **Head Coach**

• Jarred Sampson (Interim, Second season)

#### A Year Ago

• 9th place | 41.5 points

### **Athletes to Watch**

- Undre Smith-Brewer (Sprints, SO | The 60-meter dash indoor champion in 2014 and 2015 is currently fifth on the MIAC list in the 100-meter dash and second in the 200-meter dash)
- Barinedum Kordah (Sprints/Jumps, SO | Second-place in the 200-meter dash and third in long jump at 2015 Indoor Championships. Currently second on MIAC list and sixth nationally in the 400-meter dash. First on MIAC list in long jump and 27th on the national list. Personal record in the 400-meter dash is 48.46 seconds)
- Deontae Heuer (Pole Vault, FY | Holds school record in pole vault at 13-feet-3.5)
- Jesse Kuusisto (Throws, SO | Currently fifth on the MIAC list in the hammer throw. Personal best is 151-feet-6)

### By the Numbers

- 4,019: Sean Adams set a new indoor school record in the heptathlon, setting personal bests in nearly every event at the MIAC Indoor Championships.
- 1984: Deontae Heuer set a new indoor school record in the pole vault when he cleared 13-feet-3.5 at the Gene Gladder Classic, a record that stood since 1984.

• 22.28 seconds: Undre Smith-Brewer's best time in the 200-meter dash, slotting him second on the MIAC list.

#### **Did You Know?**

• The Auggie men's and women's track and field teams set another record in the teams' annual Run-a-Thon, running 260 miles in a 24-hour span to raise money for their annual spring break training and competition trip.

#### Off the Track (and Field)

• The men's and women's track and field teams volunteered at Feed My Starving Children on Jan. 8, packing 21,600 meals in support of the non-profit Christian organization to help them provide meals to malnourished children.



### BETHEL | Royals' men's track and field home page |

### Head coach

• Andrew Rock (Third season)

#### A Year Ago

• 6th place | 62.0 points

#### In the 2014 NCAA Championships

• Zach Haskins (1500m) - 3rd place (All-American)

#### **Athletes to Watch**

- Cody Britt (Vault, Sr. | No. 3 in the MIAC for pole vault)
- Bryce DeBoer (Throws, So. | No. 6 for shot put and No. 4 for discuss in the MIAC)
- Elisha Hinton (Sprints, So. | No. 6 in the MIAC for both the 100m and 200m dash)
- Tom Ritter (10000m, Jr. | No. 4 in the MIAC)
- Patrick Klamm (Sprints, So. | No. 9 in the MIAC for 200m and No. 11 in the MIAC for 400m)

### By the Numbers

- 50: Coming into the weekend senior Cody Britt stands No. 50 in the national honor roll for the pole vault event. He reached 4.58 meters at the 2015 Don Church Invitational.
- 42.67: Bethel's 400-meter relay team currently ranks in the Top 100 nationally with their time of 42.67 at the Bolstorff Twilight. BU's top quartet includes Charles Johnson, Patrick Klamm, Jacob Harle, and Elisha Hinton.
- 48.86: Bryce DeBoer is among the Top 6 in both the hammer throw and the discuss. His hammer throw of 48.86 meters at the Don Church Invitational ranks among the Top 100 nationwide as well.

#### **Did You Know?**

• Elisha Hinton and Charles Johnson have both made an immediate impact on the Bethel University men's track and field team in their first season. They stand No. 6 and 7 respectively on the MIAC 100-meter honor roll with 0.01 seconds difference between their times. Look for them to not only be a force in the 100-meter dash, but also the 4x100-meter relay.

#### Off the Track (and Field)

• The Bethel University track and field teams have had two very unique opportunities to serve the community throughout the school year. Amongst their service opportunities, the Royals were able to pack meals at Feed My Starving Children in Coon Rapids, Minnesota and also work in the warehouse at the San Diego Food Bank during their week in San Diego over spring break.



### CARLETON | Knights' men's track and field home page |

### **Head coach**

• Dave Ricks (12th season)

#### A Year Ago

• 7th place | 57.0 points

### In the 2014 NCAA Championships

• Marcus Huderle '14 placed 14th in the steeplechase

#### **Athletes to Watch**

- Colby Seyferth (Sr. | ranked No. 10 in the nation in the 400m [47.70] and No. 36 in 400m hurdles [54.32]... in addition to leading the MIAC in both of those events, also owns top-10 marks in the conference this season in 100m [10.99], 200m [22.28], and 110 hurdles [16.08])
- Hart Hornor (Jr. | ranks No. 11 in the nation in 5000m [14:29.84] and No. 12 in 10,000m [30:36.07]... was All-MIAC last year in the 10K)
- Jerry Cook-Gallardo (Fy. | ranks No. 7 in the nation and first in the MIAC in 800m [1:51.09] and No. 31 in the nation in 1500m [3:53.57])
- Jonah Barry (Jr. | ranks No. 28 in the nation in 5000m [14:42.25]... also ranks among MIAC top-10 in 1500m)
- Alex Polk (Sr. | ranks No. 48 in the nation and second in the MIAC for the javelin [55.46m or 181' 11"]...All-MIAC honorable mention in 2014)

#### By the Numbers

• 4: Four team members were selected as MIAC Track Athlete-of-the-Week at some point this season: Jerry Cook-Gallardo, Hart Hornor,

Evan McNeil, and Colby Seyferth.

• 26: The Carleton men's team is listed at No. 26 by the U.S. Track & Field and Cross Country Coaches Association's (USTFCCCA) computer rankings.

#### **Did You Know?**

• Jack Buckner became the first rookie to win the MIAC decathlon since at least 1988. He totaled 5,958 points,

#### Off the Track (and Field)

• Carleton was honored with an All-Academic team Award by the USTFCCCA after posting a combined 3.38 GPA, the 18th-best mark in Division III. Hart Hornor '16 and Marcus Huderle '14 received Individual All-Academic Awards.



### **CONCORDIA** | Cobbers' men's track and field home page |

#### Head coach

• Garrick Larson (22nd season)

#### A Year Ago

• 8th place | 52.0 points

#### Athletes to Watch

- Jackson Schepp (So, | In the top 17 in the MIAC in the 110-meter hurdles, long jump, triple jump and high jump.)
- Ben Vickstrom (Sr. | Ranked seventh in the 200 meters and ninth in the 100-meter dash in the MIAC in 2015; won the 200 meters and was second in the 100-meter dash at the 2014 MIAC Outdoor Meet.)
- Gabe Wright (Jr. | Ranked third in the high jump and eighth in the 110-meter hurdles in the MIAC this season.)
- Cole Young (Sr. | Owns the No.6 best mark in the javelin this season.)
- Brandon Zylstra (Jr. | Owns the top mark in the high jump and fifth best distance in the long jump this season. Won the long jump and was second in the high jump at the 2015 MIAC Indoor Meet.)

### By the Numbers

- 5: Concordia has 5 of the top 7 athletes in the high jump this outdoor season.
- 18: Concordia earned 18 team points in the MIAC decathlon last weekend and leads the conference standings heading into the bulk of the MIAC Outdoor Championship Meet.
- 22: Concordia head coach Garrick Larson is in his 22nd season as head coach of the Cobbers. He is currently No.2 on the list of longest serving active coaches in the MIAC.

#### Did You Know?

· Cobber junior Brandson Zylstra is a two-time All-MIAC football player and excels at barefoot water skiing during the summer.



#### **GUSTAVUS** | Gusties' men's track and field home page |

#### **Head coach**

• Dale Bahr (Sixth Season)

#### A Year Ago

• 5th Place | 66.5 points

#### In the 2014 NCAA Championships

• Cameron Clause (Mankato, Minn.) represented Gustavus at the NCAA Championships and finished 17th in the decathlon with a score of 6,335.

#### **Athletes to Watch**

- Sean O'Connell (So., St. Peter, Minn.) | Sprints...Currently ranks third in the MIAC in the 200-meter dash (22.34) and eighth in the 100-meter dash (11.19)...Won the 200-meter dash at the Carleton Relays on April 18 with time of 22.34.
- Scott Williams (Sr., Maple Grove, Minn.) | Hurdles...Currently ranks sixth in the MIAC in both the 110-meter hurdles (16.00) and 400-meter hurdles (56.70).
- Thomas Knobbe (So., Decorah, Iowa) | Distance...Currently ranks second in the 3,000-meter steeplechase with a time of 9:34.42...Won the steeplechase at the Drake Alternative on April 25...
- Jesse Scheiterlein (Sr., Sartell, Minn.) | Throws...Currently ranks first in the hammer throw (165-1) and seventh in the discus (139-5)...Posted a third place finish in the hammer throw at the highly competitive Point Loma Nazarene University Invite on March 28.
- Nick Carlson (Sr., Fridley, Minn.) | Currently ranks second in the javelin with a mark of 178-feet 6-inches...Finishes runner-up in the javelin to Division II opponents at both the Drake Alternative and Lee Krough Invite.

#### By the Numbers

- 1: The number of times in the last 25 years that Gustavus hasn't had at least one conference champion. The streak of 24 consecutive years ran from 1989-to-2013.
- 2: Where Nick Carlson's javelin toss of 178-feet 6-inches currently ranks in the MIAC. Carlson runner-up in the javelin to only Division II opponents at both the Drake Alternative and Lee Krough Invite.

#### Did You Know?

• The most decorated thrower in Gustavus history, Aaron Smith '99, was inducted into the Gustavus Athletics Hall of Fame this past fall. Over his four-year career, Smith turned in a total of six All-America performances, including one indoor and five outdoor in the shot put (3), hammer throw (2), and discus (1). At the conference level, Aaron collected 14 all-conference awards including four indoor titles in the shot put (2) and weight throw (2), and five outdoor titles in the shot put (2) and hammer throw (3). His crowning achievement came at the 1999 NCAA outdoor championships, where he became Gustavus's first NCAA champion with a toss of 194' 8" in the hammer throw.

#### Off the Track (and Field)

 Cameron Clause was named to the CoSIDA Academic All-America Track and Field/Cross Country Team last season. Clause earned second team honors with a 3.76 cumulative GPA in chemistry.



HAMLINE | Pipers' men's track and field home page |

#### Head coach

Paul Schmaedeke (31st season)

#### A Year Ago

3rd place (110 points)

#### **Athletes to Watch**

- Tom Larson, Junior 100 Meters (top time in MIAC so far, 10.87); 200 Meters (top time, 22.22)
- Mark Volker, Senior former MIAC Pole Vault champion (top leap this year 15-3)
- Chase Duwenhoegger, Freshman Second best throw in Shot Put, third best in Discus in MIAC
- Anthony Tyler, Sophomore, Top Discus throw in league this year (154-1)
- Joey Grussing, Senior Third best Discus throw in league this year

#### By the Numbers

- 3: The top three Discus efforts in the MIAC this year belong to HU athletes
- 4: The number of HU athletes/teams that have the top individual effort of the spring (four individuals, one relay)
- 62: athletes on this year's roster

#### Did You Know?

Assistant coach Adam Frye finished in the top one percent of all runners at the recent Boston Marathon. He finished in 2:39.41

#### Off the Track (and Field)

• The men's track & field served as the field workers setting up and taking down all that was needed for the annual HU Elite Meet and will also help so the same at the MSHSL Track/Field Meet in June. Both are held at Klas Field.

### MACALESTER | Scots' men's track and field home page |



#### Head coach

• Margaret Gehring (First season)

• 10th place | 28.5 points

#### In the 2014 NCAA Championships

- Logan Hovie placed 11th in the high jump
- Konnor Fleming placed 20th in the javelin

#### **Athletes to Watch**

- Joe Giamberdino (Distance, Senior | 7th best time in outdoor 1500-meter in Macalester history, 6th best time in 3000-meter steeplechase and top spot in the steeplechase this season in the MIAC)
- Logan Hovie (High Jump, Junior | three-time MIAC Champion, a three-time NCAA Championships competitor; currently ranked 18th in the nation and 1st in the MIAC in the high jump)
- Konnor Fleming (Javelin, Senior | 5<sup>th</sup> on MIAC performance list in javelin throw; placed 20<sup>th</sup> at NCAA Outdoor Nationals in 2014)
- Bolton Howes (Javelin, Senior | First in MIAC in javelin throw this season, throwing 56.79-meters at Bolstorff Twilight on 4/23)

### By the Numbers

- 4: Logan Hovie is looking for his fourth MIAC championship in the high jump during the 2015 Outdoor Meet
- 10: The Macalester men's team placed 10th in the Indoor Championships and 10th in Outdoor a year ago and are looking to beat that place.

#### Did You Know?

Macalester Stadium, host of the 2015 MIAC Outdoor Track & Field Championships, celebrated its 50th anniversary this Fall.

#### Off the Track (and Field)

• Senior javelin thrower, Konnor Fleming recently received a Presidential Leadership Award for Outstanding Seniors at Macalester. To be

considered for this award, a GPA of 3.3 is required and you must have been a positive role model and have worked to promote one or more of the core values of the college (i.e. internationalism, multiculturalism, or service).

### SAINT JOHN'S | Johnnies' men's track and field home page |



Head coach

Tim Miles (36th season)

A Year Ago

• Fourth place | 108 points

#### **Athletes to Watch**

- Thomas Feichtinger (Jr. | Is currently second in the 800 meters and third in the 1,500...finished second at the 2015 MIAC Indoor Championships in the 800 meters and third in the 1,000...he is a nine-time All-MIAC honoree: one in cross country, four in indoor track, four in outdoor track)
- Joe Koll (So. | Is currently second in the triple jump and seventh in the long jump...he earned All-MIAC honors with a second-place finish in the triple jump, 2.5 inches from the conference title, at the 2015 MIAC Indoor Championships)
- Ryan Kuester (So. | Is third in the 100-meter dash and is a member of the Johnnies' 4x100-meter relay team, which currently has the fourth-fastest time in the MIAC, only 0.33 of a second from first)
- Raymond Twumasi (So. | Currently holds the MIAC's top mark in the triple jump...had the third-best mark in the triple jump indoors, but finished eighth in the event at the 2015 MIAC meet)

#### **Bv the Numbers**

- 1-2: A pair of SJU sophomores hold the MIAC's top two marks in the triple jump this spring, Raymond Twumasi (13.68 meters) and Joe Koll (13.27 meters). Koll finished second (13.55 meters) in the event at the 2015 MIAC Indoor Championships, 2.5 inches from the conference title.
- 800: Junior Thomas Feichtinger currently boasts the second-fastest time in the 800 meters this spring. He won the MIAC outdoor title in the event each of the past two seasons. Feichtinger won the event indoors in 2014 and took second in March.
- 0.33: The Johnnies' 4x100-meter relay team has the fourth-fastest time in the MIAC, but is just 0.33 of a second from first.

#### Did You Know?

• Junior Thomas Feichtinger is a nine-time All-MIAC honoree, so far: one in cross country, four in indoor track and four in outdoor track.

#### Off the Track (and Field)

 Feichtinger and the rest of the 2014 SJU track and field team earned U.S. Track & Field and Cross Country Coaches' Association (USTFCCCA) All-Academic recognition last season. A History major (pre-veterinary emphasis) with a 3.58 GPA, Feichtinger and 94 other Johnnies on the team combined for a 3.17 team GPA.



#### **SAINT MARY'S** | Cardinals' men's track and field home page |

#### **Head coach**

• Niels Anderson (Second season)

#### A Year Ago

• 11th | 1 point

#### Athletes to Watch

- Aaron Haley (Sr., 5-6, 130, Plainview, Minn. | Set school record in 10,000 in 2014 and 5,000 in 2013 ... Two-time First-Team All-MIAC selection in cross country)
- Jovan Newsum (So., 6-0, 145, Glendale Heights, Ill. | Broke the school record in the 10,000 at the Phil Esten Challenge with a time of 32:04.45—ranking him second in MIAC ... Reached finals in 1,500 at 2014 MIAC Outdoor Championships, clocking career-best time of 4:09.13)
- Tyler Kircher (Sr., 5-11, 225, Cashton, Wis. | Ranks 5th in hammer throw ... 9th in hammer throw at MIAC Outdoor Championships in 2014).
- Ross Kinderman (Fr., 6-0, 155, Onalaska, Wis. | Ranked No. 1 in MIAC in 110 hurdles (15.19), decathlon (5,780), and No. 2 in long jump (6.81 meters) ... Already owns three school records)
- Morris Dennis (Fr., 6-1, 180, Elk River, Minn. | School-record holder in 400 (48.54), ranking him third in the MIAC. ... All-MIAC in indoor 400. ... Owns three school records)

#### By The Numbers:

- 4: The Cardinals have broken four school outdoor records this season. Jovan Newsum (10,000), Morris Dennis (400), Ross Kinderman (110 hurdles), and Maria Missurelli (pole vault) have all etched their names in the school record book.
- 2: Ross Kinderman owns the top MIAC performances in both the 110 hurdles (15.19) and decathlon (5,780), while also sitting at No. 2 in the long jump (6.81 meters).
- 32:04.45: Jovan Newsum (Glendale Heights, Ill.) enters his second outdoor championships with the second-fastest 10,000 time—a school record 32:04.45 time recorded at the Phil Esten Challenge.

#### **Did You Know?**

• The Cardinals have broken the 10,000 school record at the Phil Esten Challenge in each of the last two seasons—Aaron Haley broke the

school's top mark in 2014, with Jovan Newsum re-writing the record this season.

#### Off The Track

• Senior Tyler Kircher, while working as a waiter at the Winona Ground Round, saved a man's life in early September, 2014, when he performed the Heimlich maneuver to dislodge a piece of lettuce from the choking man's throat. | Full Story |



ST. OLAF | Oles' men's track and field home page |

#### **Head coach**

• Phil Lundin (Seventh season)

#### A Year Ago

• Second place | 159 points

### In the 2014 NCAA Championships

• St. Olaf sent four athletes to the 2014 NCAA Championships. Paul Escher finished second in the 1500m with a time of 3:48.12. Grant Wintheiser and Jake Campbell also competed in the 1500m finishing fourth and 11th respectively. Daniel Slaughter finished fourteenth in the javelin for the Oles.

#### **Athletes to Watch**

- Paul Escher (Mid-Distance, Junior | National champion in the mile at the 2015 Indoor NCAA Championships with a time of 4:10.19. Ran a career best of 3:46.42 this year at the Phil Esten Challenge on April 16. Finished 14th at the 2014 NCAA Cross Country Championships)
- Aaron Dunphy (Hurdles, Senior | MIAC Indoor Champion in the 60m hurdles with a time of 8.48. Season best of 15.40 this spring in the 110m hurdles.)
- Kevin Skrip (Sprints, Junior | School record holder in the 600m dash)
- Jake Campbell (Distance, Junior | 3000m National Champion at the 2015 Indoor NCAA Championships with a time of 8:10.55. Has the second fastest time in Division III competition this year with his 3:45.73 at the Phil Esten Challenge. Ninth at the 2014 NCAA Cross Country Championships
- Grant Wintheiser (Distance, Senior | 2014 NCAA Cross Country National Champion. Has run 14:19.22 this spring at the Drake Relays. Defending MIAC Champion in the 5000)

#### By the Numbers

- 4: 2014 MIAC Outdoor titles claimed by St. Olaf
- 5: School records broken this year by Ole athletes
- 17: Unique St. Olaf athletes who are in the top 10 in their event this year in the MIAC

### Did You Know?

• St. Olaf has finished second at the last three MIAC track championships going back to the 2014 Indoor Championships.

#### Off the Track (and Field)

• The Oles have had two MIAC Elite 22 winners in the past year, with senior captains Grant Wintheiser and Phil Meyer winning for Cross Country and Outdoor Track respectively.



### ST. THOMAS | Tommies' men's track and field home page |

### Head coach

• Steve Mathre (20th season)

#### A Year Ago

• MIAC Champions | 172.5 points

### In the 2014 NCAA Championships

• 33rd place | 8 points (2 All-Americans)

#### **Athletes to Watch**

- Brian Jarvey (400, Jr., 2013 and 2014 MIAC outdoor champ)
- Matt Schauer (Throws, Jr. | Top seed in shot put, ranked 25th in nation; 2014 MIAC Outdoor champ)
- Michael Witschen (Jumps, So., | Top seed in long jump, ranked 26th in nation; fourth in 2014 MIAC Indoor)
- Dan Sauro (400, So., Sprints) Seeded in top five in MAIC in 100, 200, TJ)
- Conner Gross (400, Fr, Hurdles) Seed in top four in MIAC in both 110 and 400 hurdles)

### By the Numbers

- 13: St. Thomas performances this outdoor season currently ranked in the top five in the MIAC.
- 28: Different Tommie athletes to score points at MAIC Indoor, including 14 freshmen and sophomores
- 6: St. Thomas athletes ranked in top 12 of 400 hurdles on 2015 MIAC season list

#### Did You Know?

• St. Thomas celebrated its third straight conference title in Men's Outdoor Track and Field Championship in 2014. This title increased UST's MIAC-leading total to 32 outdoor championships.

### Off the Track (and Field)

• St. Thomas men's track and field was a repeat honoree on the 2014 All-Academic Team selected by the USTFCCCA. With 70-plus athletes on their roster, the Tommies had 3.16 grade-point average to rank in the top 75 among Division III men's programs. Four Toms received the USTFCCCA's All-Academic individual honors with a 3.30 or higher plus elite running or field performances.

| MIAC Men's Outdoor Track and Field Home Page |